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Singer tackles breast cancer through song

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• IF YOU GO

Lucie Blue will be playing from 7 to 9 p.m., Feb. 12, at the Courtyard Gallery in Cuero. Admission is free, and the event is open to the public.

Some use their talent for fortune and fame. Singer/songwriter Lucie Blue is using her talent to help spread a message close to her heart.

The French-Canadian songstress has been traveling the world the last four years giving concerts while simultaneously raising awareness about breast cancer. On Feb. 12, she'll be giving a performance at the Courtyard Gallery in Cuero.

Blue has created an educational and one-of-a-kind music video called "Changes," that brings to light the importance of self-breast exams, which she sells for \$10 at all of her shows, she said. All the proceeds from the sales goes directly back to the nonprofit organization that produces the video.

"The video is something that I put together from an idea of wanting to teach about early detection," she added. "It's something that people are not very comfortable with, and even I was personally scared to give myself self exams for fear I'd find something. But when you set the idea to music, it's not so scary anymore."

It's an issue that hits close to home for Blue. She has had family members that have had breast cancer, she said. And since the idea of self exams are still somewhat taboo, Blue added that she wanted to do something on a global scale.

"Knowledge is key. I've traveled 90,000 miles with this, and people have really been responding," she said. "It's a very happy, powerful DVD. Put it in, go along with the lyrics that describe how to do an exam and six minutes later, BOOM, you're done."

As for the show in Cuero, Blue will have plenty of copies of the DVD's for sale, but will actually be performing her other original music, which has a mostly folk sound.

"Not only are her lyrics and voice fabulous, but she has a whistling technique that is unlike anything I've ever heard or seen - like throat singing," Kerry Rhotenberry, owner of the gallery, said.

For more information about Lucie Blue's performance, go to www.courtyardgalleryofcuero.com.

For more information on Blue's breast cancer project, go to www.thebreastexamproject.org.